

Troop 219 Informational Handout

(www.troop219.org)

SPL: Kyle Hanson

ASPL's: Corey Duey, Andrew Weston

Committee Chairman: Mr. Dennis Cox

Scoutmaster: Mr. Michael Hussar

Treasurer: Mr. Larry Miller

JASM-Instructors: Matt Rybar

• Recharter Payments

Mr. Cox, Committee Chairman, mailed out a Renewal Letter on November 2, 2007, to each Scout Family. The completed Renewal Letter with your payment were due to be returned to Mr. Miller by Monday, December 3, 2007. Our completed Charter must be turned in at the Council Service Center by mid January. If you have not returned your Renewal Letter and plan to do so you must contact Mr. Cox, 810-629-6201, Mr. Miller, 810-629-1418 or Mr. Hussar, 810-629-1172, no later than Wednesday, December 19, 2007, to make arrangements to keep your membership current.

• New Horizons District Klondike Derby

The New Horizons District Klondike Derby will take place on Saturday, January 19, 2008 at Camp Holaka in Lapeer, Michigan. We will depart from the Fenton Collision parking lot at 6:45 A.M. You need to arrive by 6:30 A.M. We will work on having the sleds and all materials, except for lunches, water and hot chocolate, fully loaded on Wednesday, January 16, 2008, at 7:00 P.M. Lunches will be brought with you on Saturday morning and put onto your sleds when we get them unloaded at Camp Holaka. We will be back at the Fenton Collision parking lot at 6:00 P.M. on Saturday evening.

You must have proper clothing, footwear and a hot meal before you will be allowed to go out on the course at Camp Holaka. This will have been discussed at meetings on January 4th and January 11th.

I have included with this handout a Medical Information and Permission Slip, directions on how to make a "tin foil" dinner which may be heated up on a camp fire, a list of personal and patrol materials which will be worked on at the two meetings prior to the Klondike Derby as well as travel directions to Camp Holaka in case they are needed by anyone.

• Meeting Nights and Activities Participation

A Show of Interest Form was distributed with Handout No. 7 for all Scouts in attendance at that meeting and mailed to all Scout families who were not in attendance at that evening. These were to be completed and returned to me on Monday, December 17, 2007. That was also the evening for the St. John Holiday or Christmas Concert so a number of our Scouts were not there to return the forms. Please return them to me at the meeting on Monday, January 3, 2008.

Our annual calendars are prepared in June of each year by the Patrol Leader's Council and then approved by the Troop Committee. Activities/events participation has been down this year. By attending Troop meetings you have some input as to what activities are planned and how weekly meetings are run. It is your Troop and it's success, or lack of success, is mostly up to you and your participation, attitudes and input.

Michael L. Hussar, Scoutmaster

Boy Scout Troop 219

Email: Scoutmaster@Troop219.org

810-629-1172 (home)

810-569-4091 (cell)

• New Horizons District Klondike Derby

The weather may well be COLD! Come prepared to spend the entire day Saturday outdoors in possibly single digit or lower two digit temperatures. That means dressing for the weather – layers, extra socks, warm boots (no sneakers), etc. Review the items below and your Scout handbook and be aware of the techniques and procedures for prevention of and first aid for hypothermia and frostbite AND keep an eye out for the other Scouts in your patrol or whom you meet on the trail. You are unlikely to recognize the symptoms in yourself which is why prevention is so important.

We will meet at 6:30 A.M. and depart from the Fenton Collision parking lot at 6:45 A.M. on Saturday, January 19, 2008. We should arrive back at the Fenton Collision parking lot around 6:00 P.M. that evening.

PARENTS, we may need some extra drivers for both boys and equipment on this event, please contact the Scoutmaster or Mr. Cox if you are able to provide transportation either to or from Camp Holaka in Lapeer. Scouts, you will have to demonstrate that you have adequate clothing or we won't let you attend – this included hats/gloves as well as proper footwear. If you don't wear it, be ready to show where its packed.

SCOUTS ATTENDING KLONDIKE ARE REQUIRED TO BRING THEIR OWN "TIN FOIL DINNER" FOR SATURDAY'S LUNCH. Recipe and directions for a tin foil dinner are included.

Winter Health Concerns

Frostbite

Frostbite is the most common injury resulting from exposure to severe cold. Superficial frostbite is characterized by gray or yellowish patches on affected areas. The skin remains soft and pliable, but becomes red and flaky after thawing. Treat superficial frostbite by taking the victim inside immediately and warming the affected areas with warm, not hot, water. Deep frostbite usually affects the feet or hands and is characterized by waxy, pale, solid skin, which may turn blue or purple upon thawing. Large blisters may also appear. Treat deep frostbite by moving the victim indoors and seeking medical attention immediately.

Hypothermia

Hypothermia occurs when the body's temperature drops below 98.6 degrees Fahrenheit. Symptoms of this condition include uncontrollable shivering, impaired speech and clumsy movements.

Severe hypothermia may produce rigid muscles, dark and puffy skin, irregular heart and respiratory rates, and unconsciousness.

Treat hypothermia by protecting the victim from further heat loss and calling for immediate medical attention. Carefully remove the victim's clothing if it is wet, but avoid rubbing the victim's skin. Give artificial respiration or CPR (if you are trained) as necessary.

Preventing cold-related illnesses

Avoid frostbite and hypothermia when you are exposed to cold temperatures by eating a well-balanced diet and drinking warm, non-alcoholic, caffeine-free liquids to maintain fluid levels. Avoid becoming wet, as wet clothing loses 90 percent of its insulating value.

Wear several layers of clothing to insulate your body by trapping warm, dry air inside. Loosely woven cotton and wool clothes best trap air and resist dampness. The head and neck lose heat faster than any other part of the body. Your cheeks, ears and nose are the most prone to frostbite. Wear a hat, scarf and turtleneck sweater to protect these areas. "The old adage, 'An ounce of prevention is worth a pound of cure,' really rings true when you're out in the cold weather". "Remember, there's no substitute for common sense when it comes to making safety a part of everything we do. Dress appropriately, maintain a good diet and stay hydrated. It may take a little extra time to bundle up, but it's important to do the right things to stay safe and healthy during the cold winter months."

THE JUDGES WORD IS FINAL-Plan so every Scout can understand and will know whether he succeeded or not. The Mayor in charge of that city has the final word.

Again this year they will announce winners and have hot cocoa available after the derby. There will be an additional award this year for the best sled. This will be judged after the event to determine how well the sled held up during the competition. In order to be considered for this award you must arrive with your sled at the Pirate's Cove flag at 4:30 P.M. You should be able to be on the road by 5:30 P.M. (at the latest).

EQUIPMENT LIST

The following is the equipment needed by each patrol:

Bring outer wear and clothing appropriate for the weather.

- 1.) Notebook and Pencil
 - 2.) Pouch
 - 3.) Patrol Flag
 - 4.) Two blankets
 - 5.) Scout stave or 6' pole for each Scout
 - 6.) 8-six foot lengths of sash cord or ¼" rope
 - 7.) Flint and steel (fire making kit)
 - 8.) One flashlight (extra batteries AND bulb might be nice)
 - 9.) One small tent
 - 10.) Adequate raingear for each Scout
 - 11.) Cocoa for each Scout
 - 12.) Pot to cook cocoa in
 - 13.) Cup for each Scout
 - 14.) Lunch for each Scout (see tin foil instructions included with this handout)
 - 15.) At least four quarts of water for cooking and clean-up
 - 16.) Fuel for cooking (AND COMPETITION STATIONS)
 - 17.) Compass
 - 18.) First aid kit to include 2-3 sterile dressings, 1-2 compresses, and 7-8 cravats or triangular bandages
 - 19.) Materials for splinting
 - 20.) Signal Flags
 - 21.) Tarp-small (4' X 6' or 5' X 7' or thereabouts)
 - 22.) Personal First Aid Kit for each Scout
 - 23.) Boy Scout Handbook
- ** NOTE: During the course of the day you may be required to build as many as three different fires, so please plan accordingly.

TIN FOIL DINNER

1/4 to 1/3 pound of meat pressed out to 3/4" thick
1-2 carrots cut up into thin strips or sliced into thin pieces
potato-peeled and sliced into small pieces
onion-if you like
salt and pepper

HEAVY DUTY ALUMINUM FOIL

This should all be placed in a single thickness around the meat with the onion if added either on top of or under the meat. Wrap the package and double fold all seams. WRAP IN A SECOND PIECE OF FOIL Keep the package loose to allow steam to develop and cook the food. Preheat oven to 350° and cook for 50-60 minutes. This way all you will have to do on the Klondike Derby is to reheat it instead of cooking it. You might also wish to bring eating utensils so that you may fully enjoy lunch instead of eating with your fingers.

Put your name on your dinner with a Permanent Marker !!!

A HOT MEAL IS REQUIRED AND YOU WILL BE CHECKED AT CHECK-IN TIME TO MAKE SURE THAT YOU ARE PREPARED FOR A HOT LUNCH OF SOME SORT.

The tin foil dinner should be put into a large food bag and marked with the Scout's name as these may be carried in a single cooler on the sledge.

+++++ NEW!!! Camp Holaka Travel Directions +++++

Travel directions to the new Camp Holaka, Lapeer, Michigan:

Telephone Number: 810-664-4063 (leave a message with the Camp Ranger)

- @ US 23 northbound onto northbound I-75
- @ I-69 east (Port Huron) to Exit 153, Lake Nepessing Rd.
- @ North (left) on Lake Nepessing Rd. to the end (Davison Rd.)
- @ East (right) on Davison Rd. to the traffic light at Millville Rd.
- @ North (left) on Millville Rd. 1.5 miles to Davis Lake Rd.
- @ West (left) on Davis Lake Rd. 1 mile to Horton Lake Rd.
- @ North (right) on Horton Lake Rd. to the main parking lot and entrance

New Horizons District Klondike Derby
Saturday, January 19, 2008
PERMISSION SLIP & HEALTH FORM

(RETURN-WITH \$7.00 PAYMENT AT JANUARY 7, 2008 SCOUT MEETING)

REGISTRATION: Adult or Scout's Name _____

Method of Payment: Individual's Account _____

Check Amount and Number _____

Cash _____

_____ (name) has my permission to attend the New Horizons District Klondike Derby with Boy Scout Troop 219 on Saturday, January 19, 2008, at Camp Holaka, Lapeer, Michigan. We will depart from the Fenton Collision parking lot at 6:45 A.M. that morning. You should arrive at 6:30 A.M. You may be picked up at this same location at approximately 6:00 P.M. that evening.

You must have breakfast prior to arrival at 6:30 A.M. on Saturday morning, January 19,

In the event of an emergency, and I cannot be reached by telephone or other reasonable means, I hereby (DO/DO NOT) give my permission to the physician selected by the adult leader in charge to hospitalize, secure proper anesthesia, order injections, surgery and do whatever appears medically necessary for my child.

Medical Insurance Company: _____

Medical Insurance Numbers: _____

Allergies or other medical information: _____

Signature of Parent or Guardian: _____ Date- _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Tel. No: () _____ Alternate Tel. No: () _____

Person to contact in an emergency if parent/guardian cannot be reached:

Name: _____ Relationship to Scout: _____

Telephone Number: () _____

SPECIAL HEALTH OR DIETARY NOTES UPDATE BY PARENT/GUARDIAN:

