

Troop 219 Informational Handout

(www.troop219.org)

- **Welcome back to the second half of the 2009-2010 Scout Year**

Happy New Year.

I hope everyone had a safe and happy holiday season-as in a Merry Christmas and a Happy New Year.

- **New Horizons District Swim Program-update**

The third and final session of the New Horizons District Swim Program will be this Friday, January 8, 2010. If a Scout needs a ride to and from or to or from this activity please contact me.

- **Recharter for 2010-2011 Scout Year and OA Dues for 2009**

RECHARTER: If you have not yet returned your Re-Registration paperwork yet you should contact Mr. McDonald, our Committee Chairman, immediately, as they are trying to wrap everything up and get our Charter turned in before the end of this this week, Friday, January 8, 2010. If you need assistance of any kind see Mr. McDonald, Mr. Miller or myself to see what help is available.

OA DUES: Dues for the 2010 year were due into the Scout Council office by the end of December.

- **New Horizons District RoundTable and OA Chapter Meeting**

These are usually held on the second Thursday of each month-August through May. The next meetings will be held on Thursday, January 14, 2010. They begin at 7:00 P.M. and are held at the Fenton Road Baptist Church. This is on the west side of Fenton Rd. between Maple and Bristol Roads. Any members of the committee or any OA members are invited to attend the monthly RoundTable Meeting or Chapter Meeting. Adult OA Members-you have to decide between the Chapter Meeting or the District Meeting.

- **Troop Committee Meeting**

Our next Troop Committee Meeting will be held on Wednesday, January 20, 2010. Meetings are held on the Wednesday after the District RoundTable in the upper level of the church in one of the classrooms and start promptly at 7:00 P.M. Parents are always invited, and encouraged, to attend these meetings.

- **3rd Annual Order of the Arrow Lock-In**

The 3rd Annual CUWE Lodge 218 Lock-in will be held on Saturday night, February 6, 2010 beginning at 9:00 P.M. and will run into Sunday morning. Scouts can be picked up at 6:30 A.M.

Again, all Scouts are invited, you do not have to be an OA Member.

There will be racquetball, open gym, a quiet room, pizza, pop, and LOTS of fun.

Come out for an evening of fun and fellowship!

More details to follow when available.

- **Order of the Arrow Winter Banquet**

The Order of the Arrow Winter Banquet will be held this Sunday evening, January 10, 2010. More details are available in your latest issue of the PineTree.

- **New Horizons District Klondike Derby for 2010**

If you have not yet turned in your paperwork, part of this handout, for this activity it is due no later than next Monday, January 11, 2010. Date for the Klondike Derby only is Saturday, January 23. The cabin campout will be held January 22-24, 2010. The cabin, Crow's Nest, we have rented is limited to 16 people overnight. More details below !

- **Star Seminar**

The next Star Seminar will be conducted by the North Star District on Thursday, January 28, 2010. You must call the Council Service Center to make a reservation and a parent or guardian must attend with you. The Council Service Center number is 810-235-2531.

- **Mackinac Island Scout Service Troop 2010.**

Mr. Marshall, the Scoutmaster for this Troop sent us an email that the dates for 2009 are May 31 through June 5, 2010. Applications and additional information and the Training Schedule have been established and the information is available at www.misst127.com and our Troop website. Mr. Zimber-Head Chef, Mr. Miller (hopefully as Assistant to the Head Chef) and Mr. Hussar-Health Officer will be three of the 8 adults in attendance. Please see me for an application or information if you may be interested.

MISST 127 meetings begin in February and you must attend all meetings and training sessions or make arrangements ahead of time with Mr. Marshall.

There is an Information Meeting on Wednesday, January 27, 2010 beginning at 7:15 P.M. for any Scout who might be interested in becoming a member of MISST127 for 2010. A Parent/Guardian must attend this meeting with each Scout. The meeting will be held at Trinity United Methodist Church, 1310 N. Main St., Lapeer. This is across from Lapeer General Hospital. Main Street is M-24 running north and south through Lapeer.

• New Horizons District Klondike Derby-additional information

The weather may well be COLD! IT IS WINTER TIME AFTER! Come prepared to spend the entire day Saturday outdoors in possibly single digit or lower two digit temperatures. That means dressing for the weather – layers, extra socks, warm boots (no sneakers), etc. Review the items below and your Boy Scout Handbook and be aware of the techniques and procedures for prevention of and first aid for hypothermia and frostbite AND keep an eye out for the other Scouts in your patrol or whom you meet on the trail. You are unlikely to recognize the symptoms in yourself which is why prevention is so important.

We will meet at 6:00 P.M. and depart from the Fenton Collision parking lot for Camp Holaka on Friday, January 22, 2010. We should arrive back at the Fenton Collision parking lot around 11:00 A.M. on Sunday morning. This will be a cabin campout but this cabin is one of the older buildings at Camp Holaka and, while it has a furnace, it is not well insulated. This cabin is limited to 16 people for sleeping purposes-minimum of 2 adults are required.

PARENTS: if any Scouts wish to attend for Saturday only, we may need some extra drivers for both boys and any last minute equipment they bring. Please contact the Scoutmaster or Mr. McDonald if you are able to provide transportation either to or from Camp Holaka in Lapeer. Scouts, you will have to demonstrate that you have adequate clothing or you won't be allowed to attend – this includes hats/gloves as well as proper footwear. If you don't wear it, be ready to show where it is packed. Have BREAKFAST AND ARRIVE BY 8:00 A.M.

SCOUTS ATTENDING KLONDIKE ARE REQUIRED TO BRING THEIR OWN "TIN FOIL DINNER" FOR SATURDAY'S LUNCH. Recipe and directions for a tin foil dinner are included.

Winter Health Concerns

Frostbite

Frostbite is the most common injury resulting from exposure to severe cold. Superficial frostbite is characterized by gray or yellowish patches on affected areas. The skin remains soft and pliable, but becomes red and flaky after thawing. Treat superficial frostbite by taking the victim inside immediately and warming the affected areas with warm, not hot, water. Deep frostbite usually affects the feet or hands and is characterized by waxy, pale, solid skin, which may turn blue or purple upon thawing. Large blisters may also appear. Treat deep frostbite by moving the victim indoors and seeking medical attention immediately.

Hypothermia

Hypothermia occurs when the body's temperature drops below 98.6 degrees Fahrenheit. Symptoms of this condition include uncontrollable shivering, impaired speech and clumsy movements.

Severe hypothermia may produce rigid muscles, dark and puffy skin, irregular heart and respiratory rates, and unconsciousness.

Treat hypothermia by protecting the victim from further heat loss and calling for immediate medical attention. Carefully remove the victim's clothing if it is wet, but avoid rubbing the victim's skin. Give artificial respiration or CPR (if you are trained) as necessary.

Preventing cold-related illnesses

Avoid frostbite and hypothermia when you are exposed to cold temperatures by eating a well-balanced diet and drinking warm, non-alcoholic, caffeine-free liquids to maintain fluid levels. Avoid becoming wet, as wet clothing loses 90 percent of its insulating value.

Wear several layers of clothing to insulate your body by trapping warm, dry air inside. Loosely woven cotton and wool clothes best trap air and resist dampness. The head and neck lose heat faster than any other part of the body. Your cheeks, ears and nose are the most prone to frostbite. Wear a hat, scarf and turtleneck sweater to protect these areas. "The old adage, 'An ounce of prevention is worth a pound of cure,' really rings true when you're out in the cold weather". "Remember, there's no substitute for common sense when it comes to making safety a part of everything we do. Dress appropriately, maintain a good diet and stay hydrated. It may take a little extra time to bundle up, but it's important to do the right things to stay safe and healthy during the cold winter months."

THE JUDGES WORD IS FINAL-Plan so every Scout can understand and will know whether he succeeded or not. The Mayor in charge of that city has the final word.

Again this year they will announce winners and have hot cocoa available after the derby. There will be an additional award this year for the best sled. This will be judged after the event to determine how well the sled held up during the competition. In order to be considered for this award you must arrive with your sled at the Pirate's Cove flag at 4:30 P.M. You should be able to be on the road by 5:30 P.M. (at the latest)

EQUIPMENT LIST

The following is the equipment needed by each patrol:

Bring outer wear and clothing appropriate for the weather.

Notebook and Pencil	Pouch-for nuggets earned on the trail
Patrol Flag	Two blankets
Scout stave or 6' pole for each Scout	8-six foot lengths of sash cord or ¼" rope per patrol
Flint and steel (fire making kit)	One flashlight (extra batteries AND bulb might be nice)
One small tent	Adequate raingear for each Scout
Cocoa for each Scout	Pot to cook cocoa in
Cup for each Scout	Lunch for each Scout (see tin foil instructions included with the handout)
At least four quarts of water for cooking and clean-up	
Fuel for cooking (AND COMPETITION STATIONS)	
Compass	
First aid kit to include 2-3 sterile dressings, 1-2 compresses, and 7-8 cravats or triangular bandages	
Materials for splinting	Signal Flags
Tarp-small (4' X 6' or 5' X 7' or thereabouts)	
Personal First Aid Kit for each Scout	Boy Scout Handbook

** NOTE: During the course of the day you may be required to build as many as three different fires, so please plan accordingly.

FOR THE CABIN CAMPOUT-WE WILL BE STAYING AT CROW'S NEST-capacity of 16 people

Sleeping Bag or three-four blankets
Pillow
Pajamas
Personal Toiler Articles-shower facilities are not available for this weekend
MEDICATIONS IN ORIGINAL CONTAINER-just enough for the weekend-turned in to adult leader in charge
Personal utensils (cup-for hot or cold beverages, bowl, plate, knife, fork, spoon)

TIN FOIL DINNER

1/4 to 1/3 pound of meat pressed out to 3/4" thick
1-2 carrots cut up into thin strips or sliced into thin pieces
potato-peeled and sliced into small pieces
onion-if you like
salt and pepper

HEAVY DUTY ALUMINUM FOIL

This should all be placed in a single thickness around the meat with the onion if added either on top of or under the meat. Wrap the package and double fold all seams. WRAP IN A SECOND PIECE OF FOIL Keep the package loose to allow steam to develop and cook the food. Preheat oven to 350° and cook for 50-60 minutes. This way all you will have to do on the Klondike Derby is to reheat it instead of cooking it. You might also wish to bring eating utensils so that you may fully enjoy lunch instead of eating with your fingers.

Put your name on your dinner with a Permanent Marker !!!

A HOT MEAL IS REQUIRED AND YOU WILL BE CHECKED AT CHECK-IN TIME TO MAKE SURE THAT YOU ARE PREPARED FOR A HOT LUNCH OF SOME SORT.

The tin foil dinner should be put into a large food bag and marked with the Scout's name as these may be carried in a single cooler on the sledge.

+++++ NEW!!! Camp Holaka Travel Directions +++++

Travel directions to the new Camp Holaka, Lapeer, Michigan:

Telephone Number: 810-664-4063 (leave a message with the Camp Ranger)

@ US 23 northbound onto northbound I-75

@ I-69 east (Port Huron) to Exit 153, Lake Nepessing Rd.

@ North (left) on Lake Nepessing Rd. to the end (Davison Rd.)

@ East (right) on Davison Rd. to the traffic light at Millville Rd.

@ North (left) on Millville Rd. 1.5 miles to Davis Lake Rd.

@ West (left) on Davis Lake Rd. 1 mile to Horton Lake Rd.

@ North (right) on Horton Lake Rd. to the main parking lot and entrance

Michael L. Hussar, Scoutmaster

Boy Scout Troop 219

Email: Scoutmaster@Troop219.org

810-629-1172 (home) 810-569-4091 (cell)

Troop 219 Cabin Campout for the Klondike Derby
January 2nd through January 24th, 2010
PERMISSION SLIP & HEALTH FORM
(RETURN-WITH \$25.00 PAYMENT AT JANUARY 11, 2010, SCOUT MEETING)
(Klondike Derby Only fee will be \$8.00)

REGISTRATION: Adult or Scout's Name _____

Method of Payment: Individual's Account _____
Check Amount and Number _____
Cash _____

_____ (name) has my permission to attend the New Horizons District Klondike Derby and Troop 219 Cabin Campout from 6:00 P.M. Friday, January 22 through 11:00 A.M. Sunday, January 24, 2010 at Camp Holaka, Lapeer, Michigan. Transportation arrangements will be made by the Troop. Scouts should be dropped off with their equipment prior to the 6:00 P.M. departure time from the Fenton Collision parking lot. Scouts **must be picked up** at this same location **at 11:00** A.M. on Sunday.

In the event of an emergency, and I cannot be reached by telephone or other reasonable means, I hereby **(DO)** give my permission to the physician selected by the adult leader in charge to hospitalize, secure proper anesthesia, order injections, surgery and do whatever appears medically necessary for my child.

Medical Insurance Company: _____

Medical Insurance Numbers: _____

Allergies or other medical information: _____

Signature of Parent or Guardian: _____ Date- _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Tel. No: () _____ Alternate Tel. No: () _____

Person to contact in an emergency if parent/guardian cannot be reached:

Name: _____ Relationship to Scout: _____

Telephone Number: () _____

SPECIAL HEALTH OR DIETARY NOTES UPDATE BY PARENT/GUARDIAN:

New Horizons District Klondike Derby ONLY
Saturday, January 23, 2010
PERMISSION SLIP & HEALTH FORM

(RETURN-WITH \$8.00 PAYMENT AT JANUARY 11, 2010, SCOUT MEETING)

REGISTRATION: Adult or Scout's Name _____

Method of Payment: Individual's Account _____

Check Amount and Number _____

Cash _____

_____ (name) has my permission to attend the New Horizons District Klondike Derby with Boy Scout Troop 219 on Saturday, January 23, 2010, at Camp Holaka, Lapeer, Michigan. We will depart from the Fenton Collision parking lot at 6:45 A.M. that morning. You should arrive at 6:30 A.M. You may be picked up at this same location at approximately 6:00 P.M. that evening. **YOU NEED TO ARRIVE AT CAMP HOLAKA BY 8:00 A.M. ON SATURDAY.**

Park in the main parking lot and carry your gear back to Pirate's Cove if we are not at Crow's Nest cabin when you arrive. You must have breakfast prior to arrival at 6:30 A.M. on Saturday morning.

In the event of an emergency, and I cannot be reached by telephone or other reasonable means, I hereby **(DO)** give my permission to the physician selected by the adult leader in charge to hospitalize, secure proper anesthesia, order injections, surgery and do whatever appears medically necessary for my child.

Medical Insurance Company: _____

Medical Insurance Numbers: _____

Allergies or other medical information: _____

Signature of Parent or Guardian: _____ Date- _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Tel. No: () _____ Alternate Tel. No: () _____

Person to contact in an emergency if parent/guardian cannot be reached:

Name: _____ Relationship to Scout: _____

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SPECIAL HEALTH OR DIETARY NOTES UPDATE BY PARENT/GUARDIAN:

